Beredugo, M., Ijei, J. I. (2024): Transforming Sustainable Logistics for a Greener Future. In: Mészáros, K., Szerb, B., Lehota, Zs. (szerk.): Fenntarthatóság és hatékonyság a logisztkában. Logisztika napja a Magyar Agrár- és Élettudományi Egyetemen = Sustainability and efficiency in logistics. Day of Logistics at Hungarian University of Agriculture and Life Sciences. Gödöllő: MATE Press, 2024. pp. 23–30. ISBN 978-963-623-110-1 (pdf)

Transforming Sustainable Logistics for a Greener Future

Beredugo, Moses , Department of Management and Leadership, Hungarian University of Agriculture and Life Sciences, Gödöllő, Hungary azberedugo@gmail.com

Ijei, Jennifer Ifeoma , Department of Mass Communication College of Management and Social Sciences Covenant University, Sango Ota, Ogun State, Nigeria jennifer.ijeipgs@stu.cu.edu.ng

Abstract: Sustainable logistics has been a topic of concern in the last few years in the logistics industry as more and more organizations and governments realize the impact of logistics costs on the social and environmental surroundings. In this paper, the author seeks to introduce and explain the concept of sustainable logistics and its aims. Stressing the use of sustainable logistics practices through getting an improved reputation, attracting more customers, and discovering new business opportunities. But it also explains the problems that arise when companies apply sustainability to their logistical systems, the problems that have to do with the costs, the non-existence of uniformity, and the problems of resistance to change. The paper also has a section focused on innovative practices and developments in sustainable logistics, for example, digitization, Circularity, and new forms of organization. Lastly, the paper offers solutions for companies and policymakers on how to ensure better sustainability in the management of logistics and to be ready for all the shifts to occur shortly. In summary, all the aspects of sustainable logistics are brought to the center of attention as a direction of the development of logistics companies and organizations as well as governmental actions.

Keywords: sustainability, logistics, practices, business, supply chain, and management

1 Introduction

Sustainable logistics is a process of combining and integrating environmental, social, and economic factors in the processes of the design, planning, implementation, and control of logistics activities and networks aimed at reducing the adverse effects and leveraging the benefits. According to Rodrigue, Comtois & Slack (2017, p. 664), sustainable logistics could be understood as the adopted measures by the logistics service providers and their shippers geared towards ensuring that they have a minimal adverse effect on the environment and have positive impacts on the society and economy. Drawing from Seroka-Stolka & Ociepa-Kubicka (2019) as cited by Jayarathna, Agdas & Dawes (2022) sustainable logistics towards a circular economy is getting product and service delivery includes supply chain management practices and strategies that act to minimize the impact of supply chain distribution on the environment and energy thus covering aspects such as material handling, waste disposal, packaging and transportation. Sustainable logistics is a management strategy that seeks to optimize the value of logistics solutions regarding business and economic returns while at the same time being environmentally friendly and socially responsible (Deckert, 2020).

There are several reasons why the sustainability of the supply chain is of significance. First, it enables fewer successful logistics activities, for example, the emission of greenhouse gases, air pollution, and waste products (Larina, Larin, Kiriliuk, & Ingaldi, 2021). This is so especially because logistics activities which entail the movement of goods and services contribute significantly to global emissions and pollution in the current world. Second, sustainable logistics can potentially contribute to enhancing the social and economic stewardship of logistics operations by respecting workers' rights and increasing the social capital where they operate (Jayarathna, Agdas & Dawes, 2022; Mahmood, Misra, Sun, et al., 2024). Third, sustainable logistics can be beneficial for the financial aspect of the firms since it decreases costs, enhances supply chain work, and decreases risks (de Souza, Kerber, Bouzon, & Rodriguez, 2022). It is best to talk about the multiple directions in sustainable logistics.

These are:

- Green Transportation: Green transportation can be defined as the use of green vehicles including electrical; hybrid; and energy vehicles as well as the utilization of various energy sources in carrying out logistics operations resulting in a minimized carbon footprint. This can also lead to fewer emissions of greenhouse gases, less utilization of fuel and enhanced calibre of air (Pishvaee & Torabi, 2012).
- Efficient Logistics Operations: Logistic management refers to the management process through which logistic operations are made efficient to cut out any wasteful resources and the planning, routing, and scheduling processes, and adopting more efficient technologies and automation tools. Logistics management can at times be expensive, and the efficiency of logistics can help cut expenses, increase work rates, and decrease negative impacts on the natural environment (Schulte et al., 2018).
- Sustainable Packaging: Green packaging implies adopting an eco-friendly strategy in
 packaging, in terms of utilizing sustainable packaging such as biodegradable or recyclable
 packaging to minimize waste and environmental effects when it comes to logistics
 operations. Sustainable logistics meant that minimized waste was achieved, an increase in
 efficiency of the available resources and the negative effects on the environment minimized
 (Walker et al., 2012).
- Ethical and Fair Labor Practices: Ethical and fair labor relates to the practical application of standard practices that are both ethical and legal when undertaking logistics operations, for instance, protecting the rights of employees and exercising adherence to labor laws. HRM practices are ethical and fair, and they enhance social performance by establishing high morale employees, less turnover and several other benefits such as (Carter & Rogers, 2008; Obeng et al., 2021; Fernando et al., 2022).
- Community Engagement: Community engagement is a process of interacting with the basic community within which operations are to take place, to foster an understanding of the requirements and interests of the community, and to ensure, that during the process of having its logistics operations, it does not harm or undermine the needs of the basic community within which it operates. The social benefits of engaging in communities include involving the local communities, thus improving their perception towards the organization, decreasing social issues, and consequently enhancing social organisational performance (Jiao & Zhang, 2016).
- Supply Chain Transparency: Supply chain transparency is the act of sharing information on a company's supply chain, the source of supply, and material and keeping away from products and source material that will cause harm to the environment and social unacceptability. Only in the given area of supply chain transparency, it is possible to achieve

- better traceability, a relieving of reputational risk and a better position concerning environmental and social impacts (Seuring & Müller, 2008; Malik et al., 2021).
- Circular Logistics: Circular logistics evaluates the transition to a circular economy in the context of logistics in an organization to reduce the amount of waste that such a business generates. Circular logistics application also gives way to efficiency gain, minimized waste, and better environmental strategies (Krikke & van der Laan, 2016).

2 The Benefits of Sustainable Logistics

Adopting sustainable logistics practices can lead to various benefits, including cost reduction, improved environmental and social performance, enhanced reputation, regulatory compliance, increased innovation, and improved financial performance. These benefits can help organizations achieve long-term success by balancing economic, environmental, and social objectives (Alkhodary, 2023). The benefits involved in sustainable logistics are:

- Cost Reduction: Reducing costs that are flexible within the operation of the logistics service may include items like fuel, waste disposal and packaging. For example, proper selection of routes and time schedules may decrease transportation expenses and recyclable packs may decrease the number of expenditures on disposal of waste (Walker et al., 2012).
- Improved Environmental Performance: Appropriate sustainability practices can be applied in the SCM to save the environment from harm such as greenhouse emissions, pollution, and wastage. For example, good transportation such as the adoption of electric cars, or production technology such as the reduction of carbon emissions using the right fuels (Seuring & Müller, 2008; Islam Rony et al., 2023).
- Enhanced Reputation: Posted below are the following benefits realized by implementing sustainable logistics practices to improve one's organization: The reputation of an organization is improved since people like working with those that embrace environmental and social causes. This has the potential to improve the identification and satisfaction level of customers, branding image and competitiveness in the market (Carter & Rogers, 2008; Munuhwa, 2023).
- Improved Social Performance: The component highlights that logistics speak about social
 effectiveness directly, as sustainable logistics practices can contribute to efforts to promote
 fair labor practices, ensure the involvement of communities, and purchase responsibly.
 There is a potential for implementing the recommendation to foster higher levels of labour
 relations, organizational and social integration, and minimize social injustice and conflict
 (Jiao & Zhang, 2016).
- Regulatory Compliance: The use of sustainable logistics practice can enable organizations
 to meet the environmental and social policies as defined by environmental and social
 legislations and frameworks like the Paris Agreement on climate change more so the United
 Nations Sustainable Development Goals. Adherence to, or otherwise following, these laws
 does mean that there will be considerably less legal and reputational risk as well as
 increased stakeholder trust (Schulte et al., 2018).
- Increased Innovation: The application of sustainable logistics has the potential for creativity
 and innovativeness since it will provide the incentive to develop new technologies, the
 practical procedures used, and business models. These can give rise to new market
 configurations, enhance competitiveness, and finally raise the financial performance of the
 firm (Krikke & van der Laan, 2016).

3 The Challenges of Sustainable Logistics

Scholars such as Islam, Moeinzadeh, Tseng, and Tan (2020); Prataviera, Creazza, and Perotti (2024); Gupta, Kharub, Shreshth, Kumar, Huisingh, and Kumar (2023) have confirmed that companies adopting sustainable logistics practices face several challenges, such as:

- High Implementation Costs: As companies introduce sustenance solutions in their logistics
 there is a need to buy new equipment, technology, and processes, which are expensive. For
 instance, when changing from conventional fuels to other fueling such as gas or tobacco it
 may need the firm to embark on expensive capital investment which may be beyond the
 reach of some firms.
- Lack of Awareness or Understanding: This is because most organisations lack adequate knowledge or visibility of sustainable logistics activities and the benefits associated therewith, which puts a brake on their implementation. This lack of awareness could also mean a denial of change and hesitation to embrace new technologies or ways of achieving a desired goal.
- Resistance to Change: It supplied that the use of a sustainable logistics philosophy may require significant changes in the organisation's operations, which is an issue because people are resistant to change. This can result in a situation where either sustainable some time.
- Limited Availability of Sustainable Options: However, it might be the case that sustainable logistics practices cannot be applied, or are hard to be applied when, for instance, filling stations for Cleaner Transportation Technologies are scarce, or recycling is not so efficient. This can discourage organizations from implementing effective sustainable logistics systems within their businesses.
- Difficulty in Measuring and Communicating the Benefits: How the impacts of sustainable logistics could be evaluated and how the perceived alterations could be conveyed to the concerned entities are not always practical. This leads to an issue because many firms require an accurate assessment of investments made for sustainable logistics and operations to the outside world and internally.
- Trade-offs and Conflicting Objectives: The kind of sustainable strategies which managers are likely to implement to realise intermodal transport may include some modest compromises between environmental effects and costs. They may also have conflicting objectives which they need to accomplish for instance the sustainability of the company and increased profitability. As these objectives are often achieved by a fine balance, the textual output succeeds in achieving these aims while not overloading the reader.

In conclusion, it is crucial to acknowledge the fact that the barriers to Green Logistics are not insignificant; however, evidence points to the fact that the value of Green Logistics cannot be overemphasized. As such, there is the potential for making sustainable improvements for companies that can gain the capability to implement sustainable logistics practices while also mitigating the challenges, in turn improving competitive advantage, decreasing the negative environmental effects, and aiding in the development of social and economic systems. Moreover, it is imperative to add that all these challenges can be solved only with the help of multistakeholder cooperation coming from governments, companies, and Civil Society Organisations to ensure a sustainable logistics environment.

4 Empirical Pieces of Evidence of Sustainable Logistics in Action

There are various approaches that sustainable logistics can be developed and depend on numerous factors such as the environment or industry where they are implemented. Here are some examples of sustainable logistics practices in action:

Here are some examples of sustainable logistics practices in action:

- Eco-Friendly Vehicles: The management of automotive firms is making it compulsory for their organizations to use electric and hybrid vehicles to decrease their greenhouse gas emissions. For instance, UPS has integrated over 9,300 vehicles that run on innovative technology and fuel modes other than conventional gas and diesel, including electric, hybrid, and natural gas (UPS, 2021). In the same way, over the past few years, Amazon also signed an agreement with a new-age venture known as Rivian to procure 100,000 electric delivery vans in which the initial vehicles are planned to hit the streets by the year 2022 (Amazon, 2019).
- Optimization of Routes and Modes: Therefore, by assessing available transportation networks and types of transportation, a company can be able to have shorter distances and thus a reduced number of emissions. For instance, Walmart Firm has established a technical means of routing that helps to reduce the hiking by the trucks hence saving on fuel and reducing emissions on the atmosphere. This organization has also established a target to enhance the productivity of its U. S filled single truck by approximately one-quarter by the year 2025 (Walmart, 2021).
- Sustainable Packaging: The irregularity of the packaging is forcing companies to look for
 ways and means of packaging their products sustainably through environmentally friendly
 methods. For instance, through closed-loop recycling, Dell has integrated a recycling
 management system of packaging materials with a vision of achieving up to 90% usage of
 recycled packaging in their products (Dell, 2021). It is also important to note that Nestle has
 set specific goals that by 2025, 100% of packaging must be reusable or recyclable (Nestle,
 2021).
- Energy Efficiency: Firms are now making efforts to carry out energy conservation activities
 like the use of energy-efficient lighting such as LED or better insulation in their distribution
 and storage warehouses. For instance, IKEA has placed solar panels on the roofs of its
 buildings especially providing energy for its stores and warehouses in favour of the
 company's energy needs from fossil energy (IKEA, 2021). Lighting in the stores and
 efficient lighting, the company said this has helped reduce energy consumption (Walmart,
 2021).
- Collaboration: It is also necessary to underline the fact that cooperation between companies fosters the sustainability of logistics solutions, as well. For instance, in the Netherlands, utensils are manufactured by several firms in the market which have joined together to form circular logistics so that packaging can be reused. One of them is called 'Lean and Green Off-Road', where transport resources are shared, and routes are optimized with the idea of minimizing both emissions and costs (Lean & Green Europe, n.d.).

Finally, there is a conclusion that concerns the revolutionary nature of sustainable logistics strategies shown through empirical data presented herein. These initiatives offer not only synergistic gains, including efficiencies and environmental benefits but also assist in cultivating the spirit of environmental preservation and company image. The sustainable approach to management appears to be becoming increasingly popular as organisations increasingly integrate

sustainability as one of the key values; thus, the practice of sustainable logistics will undeniably be a useful component in building a stronger and environmentally friendly society.

5 Future Trends in Sustainable Logistics

Trends such as the growing importance of digital technologies, the circular economy, and unconventional value delivery systems are defining sustainable logistics solutions for the future. As pointed out by Wang, Huang, and Yang (2021), these trends are expected to redefine the dynamics of the logistics industry, proffering more sustainable, efficient, and durable solutions. Among these trends, digital technologies including, the Internet of Things (IoT), Artificial Intelligence (AI) and blockchain have been identified by Han et al. (2023) and Gupta & Singh (2021). They have the promise and potential of improving supply chains, and transportation and decreasing inefficiencies and negative externalities. For example, routing and load planning aided by Artificial Intelligence reduces the usage of fuel, and blockchain brings in the element of transparency and traceability, which is vital in establishing the authenticity of sustainability factors and curbing fraud (Sallam et al., 2023; Vazquez Melendez et al., 2024). Furthermore, the principles of circular economy are becoming increasingly relevant as one of the most important strategies in the field of logistics. High sustainable supply chain practices and circular economy principles discussed by Mirzaei and Shokouhyar (2023) are intertwined. These principles entail the principles of using products efficiently so that they can remain in the community for as long as possible, reducing the amount of waste and toxicity in the environment and supporting the reclamation of the state of nature. Closed-loop supply chain management and reverse logistics help a company to recover and remanufacture products or materials to be used again, thus decreasing waste and carbon footprint, and opening new sources of revenue for a firm.

In a similar context, the new paradigms of sustainable logistics are circular supply chains, the sharing economy, and servitisation. These models open more opportunities for services than product sales, and thus cut down on wastage and look for more capabilities of revenues. For example, many sharing economy platforms deal with logistics aspects allowing companies to better manage transportation assets and avoid dedicated fleets. To address all these future trends, it is therefore advisable for firms to focus on the culture of resiliency, innovativeness, and stakeholder management. The best strategy to manage circular economy principles adoption is investing in digital transformation, nurturing a sustainable culture, and engaging stakeholders proactively to adapt to current and future emerging business models. Thus, they prepare for further growth and development in this changing context of sustainable logistics.

6 Conclusion

In conclusion, it must be stressed that initiatives to improve the sustainability of the overall logistics practices are a crucial factor for the future of the field. Implementing sustainable supply chain management in logistics leads to decreased impact on the environment, this makes the organization efficient and promotes their image. Sustainable logistics involves efforts to cut down emission rates, and waste generation, and enhance energy utilization efficiency while encouraging sustainable procurement. Such innovative and futuristic factors as digital technologies, circular economy, and novel business models will define the further evolution of sustainable logistics. To address these changes, there are recommendations for companies to advance the digital infrastructure, implement the circular economy, and develop new business models as well as search for new partnerships. Policymakers also have a great duty to encourage the appropriate sustainable logistics strategies. It should be done by spreading regulation, incentives, and partnerships in the sphere of durable logistics for the companies. It is possible to outline several

measures that can be employed by companies to encourage sustainable logistics as follows: a) Achievement of sustainable goals that are stringent, b) Conducting sustainability check-ups periodically, c) deployment of clean technologies and renewable power sources as well as investment in them and d) close collaboration with suppliers and customers to incorporate sustainable practices. In the future, sustainable logistics is an aspect that requires to be embraced and implemented in the logistics industry. In this way, it is possible for a business to achieve several goals at once: start more efficient logistics, become environmentally friendly, and have a better reputation. The stakeholders: the policymakers as well as the companies involved in the logistics have the responsibility to create awareness of sustainable logistics and to achieve the goal of making the logistics more sustainable in society.

References

- Alkhodary, D. (2023). Integrating sustainability into strategic management: A path towards long-term business success. International Journal of Professional Business Review, 8(4), 1–32. https://doi.org/10.26668/businessreview/2023.v8i4.1627
- Carter, C.R., Rogers, D.S. (2008). A framework of sustainable supply chain management: Moving toward new theory. International Journal of Physical Distribution & Logistics Management, 38(5), 360–387. https://doi.org/10.1108/09600030810882816
- de Souza, E. D., Kerber, J. C., Bouzon, M., Rodriguez, C. M. T. (2022). Performance evaluation of green logistics: Paving the way towards a circular economy. Cleaner Logistics and Supply Chain, 3, 100019. https://doi.org/10.1016/j.clscn.2021.100019
- Deckert, C. (2020). Sustainable Logistics. In: Idowu, S., Schmidpeter, R., Capaldi, N., Zu, L., Del Baldo, M., Abreu, R. (eds) Encyclopedia of Sustainable Management. Springer, Cham. pp. 1–5. https://doi.org/10.1007/978-3-030-02006-4_131-1
- Fernando, Y., Halili, M., Tseng, M.-L., Tseng, J. W., Lim, M. K. (2022). Sustainable social supply chain practices and firm social performance: Framework and empirical evidence. Sustainable Production and Consumption, 32(Jul), 160–172. https://doi.org/10.1016/j.spc.2022.04.020
- Gupta, A., Singh, R. K. (2021). Applications of emerging technologies in the logistics sector for achieving circular economy goals during the COVID-19 pandemic: Analysis of critical success factors. International Journal of Logistics Research and Applications, 27(4), 451–472. https://doi.org/10.1080/13675567.2021.1985095
- Gupta, H., Kharub, M., Shreshth, K., Kumar, A., Huisingh, D., Kumar, A. (2023). Evaluation of strategies to manage risks in the smart, sustainable agri-logistics sector: A Bayesian-based group decision-making approach. Business Strategy and the Environment, 32(7), 4335–4359. https://doi.org/10.1002/bse.3368
- Han, Y., Shevchenko, T., Yannou, B., Ranjbari, M., Esfandabadi, Z. S., Saidani, M., Bouillass, G., Bliumska-Danko, K., Li, G. (2023). Exploring how digital technologies enable a circular economy of products. Sustainability, 15(3), 2067. https://doi.org/10.3390/su15032067
- Islam Rony, Z., Mofijur, M., Hasan, M. M., Rasul, M. G., Jahirul, M. I., Ahmed, S. F., Kalam, M. A., Badruddin, I. A., Khan, T. M. Y., Show, P.-L. (2023). Alternative fuels to reduce greenhouse gas emissions from marine transport and promote UN sustainable development goals. Fuel, 338, 127220. https://doi.org/10.1016/j.fuel.2022.127220
- Islam, M. S., Moeinzadeh, S., Tseng, M. L., Tan, K. (2020). A literature review on environmental concerns in logistics: Trends and future challenges. International Journal of Logistics Research and Applications, 24(2), 126–151. https://doi.org/10.1080/13675567.2020.1732313
- Jayarathna, C. P., Agdas, D., Dawes, L. (2022). Exploring sustainable logistics practices toward a circular economy: A value creation perspective. Business Strategy and the Environment, 32(1), 704–720. https://doi.org/10.1002/bse.3170

- Jiao, Y., Zhang, G. (2016). A community-based approach to sustainable logistics development in China. Journal of Cleaner Production, 112(Part 4), 3097-3105. https://doi.org/10.1016/j.jclepro.2015.09.091
- Krikke, H.R., van der Laan, E.A. (2016). The circular supply chain. Journal of Industrial Ecology, 20(2), 209–221.
- Larina, I., Larin, A., Kiriliuk, O. Ingaldi, M. (2021). Green logistics modern transportation process technology. Production Engineering Archives, 27(3) 184–190. https://doi.org/10.30657/pea.2021.27.24
- Liu, L., Song, W., Liu, Y. (2023). Leveraging digital capabilities toward a circular economy: Reinforcing sustainable supply chain management with Industry 4.0 technologies. Computers & Industrial Engineering, 178, 109113. https://doi.org/10.1016/j.cie.2023.109113
- Mahmood, S., Misra, P., Sun, H. et al. Sustainable infrastructure, energy projects, and economic growth: mediating role of sustainable supply chain management. Ann Oper Res (2024). https://doi.org/10.1007/s10479-023-05777-6
- Malik, M., Ghaderi, H., Andargoli, A. (2021). A resource orchestration view of supply chain traceability and transparency bundles for competitive advantage. Business Strategy and the Environment, 30(8), 3866–3881. https://doi.org/10.1002/bse.2845
- Mirzaei, S., Shokouhyar, S. Applying a thematic analysis in identifying the role of circular economy in sustainable supply chain practices. Environ Dev Sustain, 25, 4691–4722 (2023). https://doi.org/10.1007/s10668-022-02217-6
- Munuhwa, S. (2023). Sustainable logistics and competitive positioning. In Integrating Intelligence and Sustainability in Supply Chains, pp. 198–220. https://doi.org/10.4018/979-8-3693-0225-5.ch011
- Obeng, A. F., Zhu, Y., Quansah, P. E., Ntarmah, A. H., Cobbinah, E. (2021). High-Performance Work Practices and Turnover Intention: Investigating the Mediating Role of Employee Morale and the Moderating Role of Psychological Capital. Sage Open, 11(1). https://doi.org/10.1177/2158244020988557
- Pishvaee, M.S., Jolai, F., Razmi, J. (2012). Sustainable supply chain network design: A case study of the agro food industry. Journal of Cleaner Production, 28, 83–98.
- Prataviera, L. B., Creazza, A., Perotti, S. (2024). A call to action: A stakeholder analysis of green logistics practices. The International Journal of Logistics Management. ISSN: 0957-4093. Published online on July 6, 2023; Issue published on April 30, 2024.
- Rodrigue, J., Comtois, C., Slack, B. (2017). The geography of transport systems. Routledge. https://doi.org/10.4324/9781315618159
- Sallam, K., Mohamed, M., Mohamed, A. W. (2023). Internet of Things (IoT) in supply chain management: Challenges, opportunities, and best practices. Sustainable Machine Intelligence, 2, pp. 1–32. https://doi.org/10.61185/SMIJ.2023.22103
- Schulte, R., Spilker-Dau, L., Sugathan, P. (2018). Sustainable logistics: A systematic literature review and research agenda. Sustainability, 10(7), 2338.
- Seuring, S., Müller, M. (2008). From a literature review to a conceptual framework for sustainable supply chain management. Journal of Cleaner Production, 16(15), 1699–1710. https://doi.org/10.1016/j.jclepro.2008.04.020
- Vazquez Melendez, E. I., Bergey, P., Smith, B. (2024). Blockchain technology for supply chain provenance: Increasing supply chain efficiency and consumer trust. Supply Chain Management. ISSN: 1359–8546. https://doi.org/10.1108/SCM-08-2023-0383
- Walker, H., Rahman, S., Cave, J. (2012). Sustainable procurement and supply chain management: A structured literature review. International Journal of Production Economics, 140(1), 69–82. https://doi.org/10.1016/j.ijpe.2012.01.042
- Wang, Y., Huang, B., Yang, X. (2021). Sustainable logistics and the future: A bibliometric analysis and research agenda. Sustainability, 13(2), 577.

